



LEARN TO SWIM PROGRAMMES

	Swimming Pool	Facility Officer	Name of Programme	Participants	Duration of the Programme	Facilitators
AREA NORTH	Wesfleur Swimming Pool	Deon Meyer	Learn to Swim afterschool programme	10 -17 years old	Mon - Fri, after school	Facility Officer and Lifeguards
	Wesfleur Swimming Pool	Deon Meyer	Paraplegic/disabled programme	Persons with disabilities	Mon - Sat mornings 09H00 - 10H00	Facility Officer and Lifeguards
	Kensington Swimming Pool	Zaakirah Petersen	Learn to Swim Upliftment Programme		Every Tuesday	Lifeguards and Walmers Swimming Club Coaches
	Langa Swimming Pool	Sibabalwe Maqabangqa	Learn to Swim	9 -14 years old and Seniors	Tue and Thu	Lifeguards
	Long Street Indoor Swimming Pool	Leticia Olivier	Learn to Swim	The French School, Reddam House, Gardens Commercial High and Seven Steps Academy	Mon - Fri	Lifeguards
	Morningstar Swimming Pool	Wesley Pretorius	Aqua Heros	5 -7 years old	Mon - Tue, Life Orientation Classes with Grades R & 1 from Alpha Primary School 11H00 - 13H00	Playleader and Lifeguards
	Observatory Swimming Pool	Michael Paulse	Learn to Swim Upliftment Programme	14 -18 years old (pupils with disabilities)	Every Wednesday	Lifeguards
	Sea Point Swimming Pool	Thembinkosi Fuzani	Survival Swimming Lessons	All ages	Saturdays 07H00 - 13H00	NSRI
	Trafalgar Swimming Pool	Elton Daniels	Swim Smart	9 -15 years old	Mon - Fri	Lifeguards and Team Leaders
AREA EAST	Blue Downs Indoor Swimming Pool	Raafiq Manchest	Learn to Swim Programme	45 years and older	Mon - Fri	Lifeguards
	Blue Downs Indoor Swimming Pool	Raafiq Manchest	Learn to Swim Programme	Scholars	Mondays 12H00 - 13H00	Lifeguards
	Blue Downs Indoor Swimming Pool	Raafiq Manchest	Seniors Learn to Swim Programme	45 years +	Mon - Fri	Lifeguards
	Blue Downs Indoor Swimming Pool	Raafiq Manchest	Swimming club Learn to Swim Programme	7 -14 years old	Tuesdays 14H00 - 16H00	Blue flippers and Khaya aquatics
	Blue Downs Indoor Swimming Pool	Raafiq Manchest	Learn to Swim Programme	10 -14 years old	Thursday 13H30 - 14H30	Lifeguards
	Khayelitsha Swimming Pool	Sipho Mabeta	Learn to Swim Programme & Water Awareness	Community Schools & NPOs; Primary and High School learners	Tue - Thu	Lifeguards

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AREA CENTRAL	Athlone Swimming Pool	Josiyn Gordon	Learn2Swim	All age groups	Mon - Thu	
	Bellville Swimming Pool	Raushin Voigt	Adult and Senior Learn to Swim	21- 70+ years	Mon - Thu 08H00 - 10H00	
	Bonteheuwel Swimming Pool		Aqua Aerobics & Learn to Swim	Women 35 - 60+years	Fridays	
	Delft Swimming Pool	Lester Bell	Delft aquatics Programme	6 - 18 and 50 - 70+ years old	Tue - Thu and Sat - Sun	
	Elsies River Swimming Pool	Mbongeni Mbualawa	Basic Swimming Lessons	All age groups	Tue and Wed 10H00 - 15H30	
	Emthonjeni Swimming Pool	Asanda Felem	Future Lifeguards	7 - 18 years old	Mon - Thu 16H30 - 17H30	
	Goodwood Swimming Pool	Zainap Hendricks	Active Seniors LTS Youth & Seniors	15 - 70+ years old	Tue and Thu	
	Hanover Park Swimming pool	Ryan Cox	Afterschool LTS	Scholars	Wed and Thu	
	Hanover Park Swimming pool	Ryan Cox	Interschool LTS	6 -14 years old	Wednesdays	
	Hanover Park Swimming pool	Ryan Cox	ECD Learn to Swim Programme	ECD age group	Mon - Thu	
	Manenberg Swimming pool	Faatiegha Valentine	ECD Learn to Swim Programme	ECD age group	Tue - Thu 09H00 - 11H00	
	Parow North Swimming Pool	Elisha Sayers	Senior Learn to Swim	55 - 70 years old	Mon and Wed 10H00 - 11H00	
	Parow Valley Swimming Pool	Tembela Javu	LTS Seniors (morning); Scholars (afterschool)	All age groups	Every Tuesday and Thursday	
	Ravensmead Swimming Pool	Karin November	LTS Programme for ECD, Youth, Seniors & Staff; Youth Lifesaving Programme	All age groups	Mon & Wed (Staff & Seniors) 10H00 - 12H00; Tue & Thu (ECD) 11H00 - 12H30; Mon - Thu 16H00 - 17H00 (Youth); Mon - Thu 17H00 - 18H30 Youth (Lifesaving)	
	Ruyterwacht Swimming Pool	Fancy Landingwe	Water Programme	12 years and older	Wed and Thu	
	Browns Farm Swimming Pool	Thembinkosi Tshingo	LTS programme	7 years old and below	Thursdays only	
	Eastridge Swimming Pool	Romario Fourie	LTS / Aqua aerobics	12 - 65 years old	Mon and Wed; 14H00-17H00; Tue & Thu 09H00 - 12H00	
	Lentegeur Swimming Pool	Andile Pango	LTS Programme for After School, Adults, Seniors & Persons with disabilities	7 - 70 years old	Monday & Thursday February - April	

AREA SOUTH	Swimming Pool	Facility Officer	Name of Programme	Participants	Duration of the Programme	Facilitators
	Muizenberg Swimming Pool	Peter Rodgers	Survival Swimming	6 - 15 years old	Saturday Mornings. Every Saturday in February and 1st two Saturdays in March	NSRI
	Retreat Indoor Swimming Pool	Chantal Olivier	Learn to swim	10 - 13 years old	Monday to Thursday (11 Months per year)	Eco Active
	Retreat Indoor Swimming Pool	Chantal Olivier	Learn to swim	5 - 70 years old	Monday to Thursday (11 Months per year)	Cheryl Malgas
	Retreat Indoor Swimming Pool	Chantal Olivier	Learn to swim Seniors		Monday to Thursday (11 Months per year)	NSRI
	Westridge Swimming Pool	Diane Haupt	Learn to swim	6 - 16 years old	Mon - Thu	Lifeguards & SFO
	Wynberg Swimming Pool	Mzamo Sithole	Seniors Aqua Aerobics and Learn to Swim & 7yrs to 16yrs weekend LS	All age groups	Monday-Thursdays; Saturday and Sundays	SFO and Lifeguards



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